



*MOVING*FORWARD

GUIDE 1 – STOP BEING INTIMIDATED

BIG IDEAS

The Bible teaches you how to have healthy marriages, families and relationships. It cuts through the noise of life and speaks to your heart.

Set yourself up for success, create a plan to read the Bible

It is about repetition not perfection, start by reading 5-10 minutes or one page a day.

APPLICATION

Craft Your Plan

What time will you read the Bible every day?

Where will you go to read?

What do you need with you to be successful?

After you read ask one simple question, “God, what are you saying to me?”

RESOURCE

Sample Reading Plan

Two Options

• Read Gospel of John, 4th book in the New Testament. 21 chapters, 21 days.

• Want a bigger challenge, Read NT in 30 days (take about 15 minutes of reading)

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| 1. Matthew 1-9 | 16. Acts 15-21 |
| 2. Matthew 10-15 | 17. Acts 22-28 |
| 3. Matthew 16-22 | 18. Romans 1-8 |
| 4. Matthew 23-28 | 19. Romans 9-16 |
| 5. Mark 1-8 | 20. 1 Corinthians 1-9 |
| 6. Mark 9-16 | 21. 1 Corinthians 10-16 |
| 7. Luke 1-6 | 22. 2 Corinthians 1-13 |
| 8. Luke 7-11 | 23. Galatians - Ephesians |
| 9. Luke 12-18 | 24. Philippians - 2 Thessalonians |
| 10. Luke 19-24 | 25. 1 Timothy - Philemon |
| 11. John 1-7 | 26. Hebrews |
| 12. John 8-13 | 27. James - 2 Peter |
| 13. John 14-22 | 28. 1 John - 3 John |
| 14. Acts 1-7 | 29. Revelation 1-11 |
| 15. Acts 8-14 | 30. Revelation 12-22 |